Introduction Part 2

Directions: There are 2 parts to this assignments

1st – Find a short video that shows an injury on youtube. Must be professional/college. Post that link to the discussion board on google classroom.

2nd – Fill out the chart below, 1 row is your video that you posted and the other row is someone elses videos from google classroom.

Terms

Mechanisms of Injury: How did it happen? Use vocabulary such as inversion, proximal, etc if you can

Name of Injury: Name it using vocabulary. For example: Grade 2 Sprain vs. Rolled ankle

Initial Treatment: Just list what you saw they did, or what should happen at that moment before doctors intervene

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| --- | --- | --- | --- |
|  | Mechanisms of Injury | Name of Injury | Initial Treatment |
| MY video |  |  |  |
| Someone Else’s Video: Who was it? \_\_\_\_\_\_\_\_ |  |  |  |